



Safe Schools  
Healthy Students

# Children's Mental Health & Wellness Resource Guide



School District of Beloit

thinking beyond now  
we are tomorrow

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**BELOIT PROUD**

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# Prevention Services

## School District of Beloit

**Positive Behavior Interventions and Supports (PBIS)** is a proactive systems approach to establishing the behavioral supports and social culture in school needed for all students to achieve social, emotional, and academic success.

**Parent/teacher conferences:** academic progress and school adjustment monitoring throughout the year at each school (or phone for additional conferences).

Ph. (608)361-4000. Website: [www.sdb.k12.wi.us](http://www.sdb.k12.wi.us)

**Second Step Skills for Social and Academic Success:** Social Skills program delivered by teachers to Pre-Kindergarten through Eighth Grade.

Ph. (800)634-4449. Website: [www.cfcchildren.org](http://www.cfcchildren.org)

**Child Protection Program:** teaches children to be safe by paying attention to their “Early Warning Signs” when a situation seems unsafe; delivered by elementary and intermediate school counselors/social workers to students Pre-Kindergarten through 5th Grade.

Ph. (800)634-4449. Website: [www.cfcchildren.org](http://www.cfcchildren.org)

**Bullying Prevention Program:** With the research-based *Second Step* Bullying Prevention Unit, Kindergarten–Grade 5 students learn to recognize, report, and refuse bullying.

Ph. (800)634-4449. Website: [www.cfcchildren.org](http://www.cfcchildren.org)

## Local Services

**Boys and Girls Club:** homework help, recreation, and character development after school and during summers for ages 6-18.

Ph. (608)365-8874. Website: [www.statelinebgc.org/](http://www.statelinebgc.org/)

**YMCA:** family recreation, aquatic, and fitness opportunities to promote health and wellness.

Ph. (608)365-2261. Website: [www.statelineymca.org](http://www.statelineymca.org)

**Youth 2 Youth of Rock County:** The mission of Youth2Youth 4 Change is to reduce substance abuse among youth and adults through positive social change.

Ph. (608)313-9220. Website: <http://rcy2y.com>

**Rock-Walworth Comprehensive Family Services:** Early Head Start, Home-Based and Center-Based Programs. Programs supporting families in their journey of educating & parenting their children during the infant & toddler stages of development. Ph. (608) 299-1500. Website: [www.rwcfs.org](http://www.rwcfs.org)

**Clergy/spiritual leaders' guidance:** find support through your personal spiritual leader.

## Support Services

**School District of Beloit:** Individual counseling and support groups (i.e. family change, friendship, anger management, AODA, etc.) facilitated by school counselors/social workers. Parent meetings during which academic/behavioral problems are discussed and interventions explored. Contact child's school or School District of Beloit. Ph. (608)361-4000. Website: [www.sdb.k12.wi.us](http://www.sdb.k12.wi.us)

**Support Groups:** peer groups facilitated by community mental health providers that have a specific focus (i.e. grief, friendship, social skills, etc.); contact specific mental health providers in the attached resources page.

**Beloit Regional Hospice** – individual grief support as well as free groups for grieving children and adults. Ph. (608)363-7421. Website: [www.beloitregionalhospice.com](http://www.beloitregionalhospice.com)

**Primary Care Physician.** Contact your doctor.

**NAMI: National Alliance on Mental Illness;** information on mental illnesses, medications, resources, support systems, etc...

**(Beloit) Family Support Group and Grupo de Apoyo de Pares en Español:** offered 1st Thursday of each month, 6:30-8 pm at Central Christian Church, 2460 Milwaukee Rd, Beloit. Ph.(800) 608-0104. [www.namirockcounty.org](http://www.namirockcounty.org)

**Beloit Domestic Violence Survivor Center:** domestic violence shelter for women and children. Support services include children's and teen's support groups, and child and family counseling. Ph.(608)364-1083; crisis line (608)365-1119 or (608) 364-1065. Website: [www.statelinefamilyservices.org](http://www.statelinefamilyservices.org)

**Rock County Connections:** Rock County Human Services Behavioral Health Division Program referrals.  
Ph. (608) 757-5229

**Sexual Assault Recovery Program:** Support groups, crisis intervention, and trauma counseling. 24 Hour Crisis Hotline: 1-(866)-666-4576  
Ph. (608)365-1244. Website: [www.statelinefamilyservices.org](http://www.statelinefamilyservices.org)

**S.M.I.L.E.S. Therapeutic Riding:** a safe, therapeutic horseback riding program for individuals diagnosed with a developmental, physical, visual, cognitive, emotional, or social disability of all ages located in Darien, WI  
Ph. Office: (262)882-3470 Website: [www.smiletherapeuticriding.org](http://www.smiletherapeuticriding.org)

**Pediatric and Adolescent Transgender Health (PATH) Clinic:** The Pediatric and Adolescent Transgender Health (PATH) Clinic in Madison, Wisconsin provides education about medical care options for gender-variant children and adolescents. We can provide the full spectrum of care, from simple observation and guidance to hormone suppression and hormone affirming therapy for children of all ages.  
Ph. (608) 263-6420

## Intermediate Services

### School District of Beloit

**Problem-solving Teams” (also known as Student Intervention Team or SIT)**— school personnel and parents brainstorm and implement a plan of interventions with documentation and data collection to assist students in correcting academic and behavioral problems.

**Functional Behavioral Assessment (FBA):** a problem-solving strategy used to identify significant social, affective, cognitive, and/or environmental factors associated with the occurrence of specific problem behaviors in students. Behavior Intervention Plan (BIP): takes the observations and contributing factors found in the Functional Behavioral Assessment (FBA) and turns them into a concrete plan of action for managing student behavior. School District of Beloit  
Ph. (608)361-4000. Website: <http://www.sdb.k12.wi.us>

**Student Health and Wellness Center:** Mental health counseling services are provided on campus at 1225 Fourth Street in Beloit Memorial High School. Appointments can be scheduled on Monday through Friday from 8:30 a.m. - 4:30 p.m. The SHWC is closed on days when students are not in attendance.

Ph. (608)361-3032

## Local Services

**Outpatient Counseling:** individual, family, and group therapy facilitated by community mental health providers. (see Resources)

**Voluntary Support Systems:** A variety of support groups are offered through Beloit Health Systems

Ph. (608) 364-5011 Website. <https://beloithealthsystem.org/support-groups>

**Independent Living Program:** A Dept. of Human Services drop-in transitional living facility program that teaches independent living skills (i.e. budgeting, cooking, job seeking skills, managing personal relationships, etc.) to adolescents “aging out” of foster care (and any adolescents needing guidance in these areas).

Ph: (608)757-5229

All program information can be found on the Rock County website:

<http://www.co.rock.wi.us/hsd-mental-health-aoda-services>

## Intensive Voluntary Services

**School District of Beloit:** Special Education Support – if the IEP Team determines that a disability exists and subsequently, that there is a need for special programming, then placement will occur in the appropriate program(s) with parent permission (i.e. emotional behavioral disability, learning disability, etc.). Contact child’s school for information or the Special Education Department. Ph. (608)361-4020.

**Rock County Crisis Intervention:** Available 24 hours, 7 days a week, and staffed by trained crisis workers.

Ph.(608)757-5025

**Medication Intervention:** psychotropic medications may be prescribed by a psychiatrist or primary care physician for various mental health conditions.

## **Voluntary Outpatient Alcohol and Other Drug Abuse (AODA) Services: Lutheran Social Services Outpatient Addiction Treatment**

Certified, trained substance abuse counselors use a variety of evidence-based recovery strategies with the goal of assisting clients in achieving long-term sobriety.

Ph. (608)752-7660 ext. 5110 [lsswis.org/LSS/Programs-Services/Addiction\\_Corrections/Addiction](http://lsswis.org/LSS/Programs-Services/Addiction_Corrections/Addiction)

## **More Intensive and/or Involuntary Services**

### **School District of Beloit**

**Special Education:** placement of a student with an emotional behavioral disability (EBD) in a self-contained classroom within the Special Education Program. Contact child's school for information or the Special Education Department. Ph. (608)361-4020.

**Beloit Learning Academy :** Alternative middle and high school students. Placement is through school district. BLA also houses other less restrictive programs.

### **Local Services**

**Department of Human Services (DHS):** services which may be court-ordered or offered on a voluntary basis to assist families in parenting and providing a safe, nurturing, and stable home environment.

Ph. (608)757-5025

**Juvenile Justice Janesville & Beloit:** provides for screening and disposition of referrals to Juvenile Court Intake and authorization of temporary physical custody placements; provides supervision services to youth who are placed on informal or formal court-ordered supervision; develops a plan to prevent repeat offences, hold the youth accountable for their actions, and develop personal competencies.

Ph. (608)757-5433. Website: <https://www.co.rock.wi.us/hsd-children-youth-families>

**Youth Services Center:** provides short-term residential care to juvenile offenders, delinquent youth, and victims of child abuse/neglect.

Ph. (608)757-5433. Website: <https://www.co.rock.wi.us/hsd-children-youth-families>

**Involuntary Outpatient Alcohol and Other Drug Abuse (AODA) Services:** court-ordered assessment can be conducted by: Alcohol & Drug Abuse Resource Center (ADARC); also receives referrals from Juvenile Court Services.  
Ph. (608)757-5433.

**Respite Care for Foster Children:** Respite is provided by other licensed Rock County foster homes. The foster parent's contact number is (608) 757-5476, and they will assist the foster parents in obtaining respite services. Rock County will do its best to meet all respite requests, but requests need to be made at least 30 days in advance for respite to be assured.

Ph. (608)929-3565 Website: <https://www.co.rock.wi.us/hsd-foster-care-respite>

**Law Enforcement Involvement:** Police Crisis Intervention Team (CIT): specialized police training to assist officers to effectively de-escalate crisis situations involving individuals with mental health, AODA, and other behavioral concerns.

City Police: Non-emergency Ph. (608)757-2244. Website: [www.beloitwi.gov](http://www.beloitwi.gov)

**Day Treatment:** daily, non-residential programming and treatment for children and adolescents with mental health concerns that may involve individual and group therapy, some schooling, and transition planning.

### **Mercy Health System**

Ph. (800)341-1450

<https://mercyhealthsystem.org/service/mental-health-behavioral-health-services/>

### **Crossroads Counseling Center**

Ph. 608.755.5260

<http://crossroads73.com>

## **Out-of-Home Placement & Emergency Medical**

**Law Enforcement Involvement:** Chapter 51 Emergency Detention – a law enforcement officer takes a child into custody because their recent actions pose a significant risk of harm to themselves or others; they may remain under the emergency detention for up to 72 hours during which time they are assessed at a mental health facility. Call 911.

**Dept. of Human Services (DHS):** Foster Care: typically, court-ordered out-of-home placements in foster homes due to serious safety and maltreatment concerns.

Ph. (608) 757-5200. Website: <http://www.co.rock.wi.us/hsd-children-youth-families>

**Relative Placement:** an out-of-home placement with a “fit and willing” relative due to serious safety and maltreatment concerns.

Ph.(608) 757-5200. Website: <http://www.co.rock.wi.us/hsd-children-youth-families>

**Hospital Emergency Room Visit:** Beloit Health Systems.

Ph. (608)364-5011. Website: [www.beloithealthsystem.org](http://www.beloithealthsystem.org)

## **Intensive Residential Treatment Services**

**Residential Treatment:** intensive psychiatric treatment facility for children/adolescents with mental health/behavioral diagnoses (i.e. Eau Claire Academy, Rawhide, etc.); may be court-ordered or through private arrangements made by parents. Contact Dept. of Human Services Access Unit or Resource Unit for information. Ph. (608)757-5200. Website: [www.co.rock.wi.us](http://www.co.rock.wi.us)

**Inpatient Hospital:** residential hospital setting for the intensive treatment of mental health diagnoses in children and adolescents who are deemed a danger to themselves or others (i.e. Winnebago, Mendota, St. Elizabeth’s, Rogers Memorial, etc.); Chapter 51 emergency detention placements are at Winnebago and Mendota. Contact the Dept. of Community Programs regarding Chapter 51 detentions.

Ph. (608) 757-5200. Website: [www.co.rock.wi.us](http://www.co.rock.wi.us)

**UnityPoint Health** - Meriter Child and Adolescent Psychiatry Hospital provides sensitive, responsive and innovative treatment for youth with mental health problems and disorders.

Ph. (608) 417-8777 website: [unitypoint.org](http://unitypoint.org)

**Dual Diagnosis Inpatient Hospital Program:** Rogers Behavioral Health - Child & Adolescent Centers treatment Facility; alcohol/chemical dependency and mental health concerns. Ph. 800-767-4411 Website: <https://rogersbh.org>



## **Resources:**

### **Beloit Mental Health Providers (In Alphabetical Order):**

#### **Associates in Psychotherapy**

(608)363-4313

[www.associatesinpsychotherapy.com](http://www.associatesinpsychotherapy.com)

#### **Beloit Psychotherapy**

(608) 346-8315

[beloitpsychotherapy.com](http://beloitpsychotherapy.com)

#### **Counseling Care Center - Beloit Health Systems**

(608)364-5686

[beloithealthsystem.org/counseling-care-center](http://beloithealthsystem.org/counseling-care-center)

#### **Family Services Association**

(608) 365-1244

#### **Lutheran Social Services**

(608)752-7660 ext. 5110

#### **Mercy Options**

Phone: (608)363-5500 [mercyhealthsystem.org/service/mental-health-behavioral-health-services/](http://mercyhealthsystem.org/service/mental-health-behavioral-health-services/)

#### **Psychological Services**

(608)365-7078

#### **Student Health & Wellness Center at Beloit Memorial High School**

(608)361-3032

#### **Stateline Mental Health Services**

(608)368-8087

[statelinemhs.com](http://statelinemhs.com)

## **Beloit Medical Providers (In Alphabetical Order):**

### **AIDS Network Beloit Office**

136 W Grand Ave Suite 280  
Beloit, WI 53511  
Phone: 608-364-4027  
Free HIV & Hepatitis C Testing

### **Beloit Area Community Health Center**

74 Eclipse Center  
Beloit, WI 53511  
Dental & Medical Services  
Main Clinic: 608-361-0311  
chsofwi.org

### **Beloit Cancer Center/UW Cancer Center**

1670 Lee Lane  
Beloit, WI 53511  
608-364-5253

### **Beloit Clinic**

1905 E. Huebbe Parkway  
Beloit, WI 53511  
608-364-2200

### **Beloit Hospital**

1969 West Hart Road  
Beloit, WI 53511  
608-364-5011

### **First Choice Health Center**

Reproductive Health Care  
20 Eclipse Center  
Beloit, WI 53511  
(608)313-1305  
community-action.org

### **Mercy Beloit Medical Center**

2825 Prairie Ave.  
Beloit, WI 53511  
Phone: (608) 363-5500  
Mercyhealthsystem.org

### **Occupational Health, Sports, and Family Medicine**

1650 Lee Lane  
Beloit, WI 53511  
608-364-4666

### **Rock County Health Department**

61 Eclipse Center  
Beloit, WI 53511  
(608)364 - 2010

### **West Side Clinic**

1735 Madison Road  
Beloit, WI 53511  
608-363-7510