



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BUILD CONFIDENCE BUILD CHARACTER BUILD CONTROL

KARATE CLASSES

Ages 5-18

Friday

5:00-5:30 PM—ages 5-12

5:30-6:00 PM—ages 13-18

ROSCOE BRANCH

Karate at the Stateline Family YMCA! Your child will work on skills such as self discipline, focus, concentration, listening skills, coordination, balance, control and teamwork. Classes are held in the gym at the Roscoe location.

Meet the Instructor

Bennie Gonzalez has been practicing martial arts for 35 years. Excel Academy was established in 1992, and Bennie has been running the dojo since 1996. During that time, has produced a two time world champion form competitor, as well as several national champions in sparring and forms.

Karate Monthly Sessions

Classes will be ongoing on a monthly auto-draft. You can join in anytime! Payment is auto-drafted on the 1st of each month. Once you enroll, you're in the program until you decide to cancel. Cancellations of automatic withdrawal just require a 2-week notice.

\$40 members/\$63 non-members

