School District of Beloit Intermediate Lunch Menu May 2017

refresh. refuel. relax.

1	
	Oven roasted
(Chicken w/Dinner
	Roll

Chicken Caesar Salad **Mashed Potatoes**

Pasta w/Meat Sauce w/Dinner Roll

All American Salad

Steamed Green Beans

Broccoli & Cheese Potato

Popcorn Chicken Salad Roasted Sweet Potatoes

Nachos w/Mexican Rice

Italian Salad w/Ham & Pepperoni

Refried Beans

Chicken Fajitas

Tossed Salad w/Cheese

Steamed Spinach

No School

Meatloaf w/Dinner Roll

Chicken Caesar Salad

French Fries

Popcorn Chicken **Bowl w/Dinner Roll**

All American Salad

Steamed Veggie Blend

Inside Out Pasta Bake w/Dinner Roll

10

Popcorn Chicken Salad

Steamed Carrots

Italian Salad w/Ham & Pepperoni

Roasted Veggies

Cheese Quesadilla

Chicken Caesar

Salad

Roasted Veggies

Max Pizza Sticks

16

BBQ Rib Sandwich

All American Salad

Steamed Carrots

17 **Oriental Popcorn** Chicken Bowl

Popcorn Chicken Salad

Campfire Beans

18 Penne w/Meat Sauce w/Dinner Roll

Italian Salad w/Ham & Pepperoni

Steamed Zuchini

25

19 Meatball Sub

Tossed Salad w/Cheese

Steamed Spinach

22

29

15

Cheese Quesadilla

Chicken Caesar Salad

Roasted Veggies

No School

23 Chicken Nugget Bowl

All American Salad

Steamed Carrots

Korean Beef Stew w/Cilantro Rice

24

31

Popcorn Chicken Salad

Campfire Beans

Oven Roasted Chicken w/Dinner Roll

Italian Salad w/Ham & Pepperoni

Steamed Zucchini

26 Sweet & Sour **Popcorn Chicken** w/Fried Rice

Tossed Salad w/Cheese

Steamed Spinach

Chicken Nuggets w/Mac & Cheese

30

All American Salad

Steamed Green Beans

Chicken Pot Pie

Popcorn Chicken Salad

Roasted Sweet **Potatoes**

Hot Dog

Italian Salad w/Ham & Pepperoni

Campfire Beans

Spaghetti w/Meatballs

2

Tossed Salad w/Cheese

Steamed Spinach

Nutrition Rocks!

There are five food groups! Choose something tasty from each! Menu Question?

foodservice@4beloitschools.net

Offered Daily: Skim Chocolate & White Milk 1% White Milk

Enjoy Fresh Fruit and Vegetables Daily

This institution is an equal opportunity provider.

