



# School District of Beloit 4K Breakfast Menu

November 2018

29

Cheerios

Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

30

Yogurt

Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

31

Rice Krispies

Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

1

Blueberry Muffin

100% Fruit juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

2

No School

5

Coco Frosted Mini  
Wheats

Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

6

Blueberry Muffin

100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

7

Cream Cheese  
Bagel

Fresh Fruit  
100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

8

Yogurt

Fresh Fruit  
Choice Of  
1% Unflavored Milk  
Unflavored Skim Milk

9

Rice Krispies

Fresh Fruit  
Choice Of  
1% Unflavored Milk  
Unflavored Skim Milk

12

Chex

Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

13

Cream Cheese  
Bagel

100 % Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

14

Yogurt

Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

15

Rice Krispies

Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

16

Frosted Mini Wheats

Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

19

Cheerios

Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

20

Yogurt

Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

21

No School

22

No School

23

No School

26

Coco Frosted Mini  
Wheats

Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

27

Cheerios

Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

28

Rice Krispies

Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

29

Yogurt

Fresh Fruit  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

30

Blueberry Muffin

100% Fruit Juice  
Choice of  
1% Unflavored Milk  
Unflavored Skim Milk

**Start your day off right  
Enjoy a FREE breakfast daily!!!**

**More info...**  
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