School District of Beloit Intermediate Lunch Menu **April 2017** refresh. refuel. relax.

Meatloaf w/Dinner Roll

Chicken Caesar Salad French Fries

Popcorn Chicken **Bowl**

All American Salad Steamed Veggie Blend

w/ Dinner Roll

Inside Out Pasta Bake w/ Dinner Roll

Popcorn Chicken Salad Roasted Acorn Squash

Cheese Quesadilla

Italian Salad w/ Ham & Pepperoni Steamed California Blend

General Tso's Popcorn Chicken

Tossed Salad w/ Cheese Steamed Broccoli

10

Pancake on a Stick

Chicken Caesar Salad Steamed Green Beans **BBQ Rib Sandwich**

All American Salad **Steamed Carrots**

Chicken Biscuit

Popcorn Chicken Salad Campfire Beans

13

No School

No School

17

Nachos w/Mexican Rice

Chicken Caesar Salad Refried Beans

Chicken Nuggets **Bowl**

All American Salad Steamed Green Beans 19

Korean Beef Stew W/Cilantro Rice

Popcorn Chicken Salad Roasted Sweet Potato

20

Roasted Chicken w/ Dinner Roll

Italian Salad w/ Ham & Pepperoni Steamed Zucchini

21

Sweet & Sour Popcorn Chicken

Tossed Salad w/ Cheese Steamed Spinach

24

Pancakes w/Sausage

Chicken Caesar Salad **Tater Tots**

25

Hot Dog

All American Salad Steamed Green Beans 26

Chicken Pot Pie

Popcorn Chicken Salad Roasted Sweet Potato

27

Chicken Nuggets w/Mac & Cheese

Italian Salad w/ Ham & Pepperoni Campfire Beans

28

Spaghetti w/Meatballs

Tossed Salad w/ Cheese Steamed Spinach

1

Oven Roasted Chicken W/ Dinner Roll

Chicken Caesar Salad Mashed Potato

2

Pasta w/Meat Sauce W/ Dinner Roll

All American Salad Steamed Green Beans

Broccoli & Cheese Potato

Popcorn Chicken Salad Steamed Carrots

4

Nachos w/Mexican Rice

Italian Salad w/ Ham & Pepperoni Refried Beans

5

Chicken Fajitas

Tossed Salad w/ Cheese Steamed Spinach

Nutrition Rocks!

There are five food groups! Choose something tasty from each!

Menu Question?

foodservice@4beloitschools.net

Offered Daily: Skim Chocolate & White Milk 1% White Milk **Enjoy Fresh Fruit and Vegetables Daily APRIL 27TH TREAT DAY** MINI RICE KRISPY TREAT

This institution is an equal opportunity provider.

