



Elementary December 2010



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1		2		3	
				Meatballs in gravy and Dinner Roll 14 <i>Alternate Choices</i> Chef Salad 25 Turkey w/ cheese Sandwich <i>fruit and veggie selections</i> Mashed Potato 21 Peaches in Juice 18		Hamburger 23 on a Bun Sun Chips <i>Alternate Choices</i> Chef Salad 25 Turkey w/ cheese Sandwich <i>fruit and veggie selections</i> Broccoli Tops 5 Strawberry Juice Bars 14		Schwan Cheese Pizza 32 Reduced Fat <i>Alternate Choices</i> Chef Salad 25 Turkey w/ cheese Sandwich <i>fruit and veggie selections</i> Sweet Peas 6 Cinnamon Apple Slices 19	
6		7		8		9		10	
Italian Cheese Dunk Marinara dipping sauce 34 <i>Alternate Choices</i>		Baked Chicken Bites 16 <i>Alternate Choices</i>		District wide		Mini Corn Dogs 26 Cheeto's 10		Tostitos Taco Scoops 35	
<h2>Dip! Dunk! Devour!</h2>									
Chef Salad 25 Sun Butter & Jelly Sandwich <i>fruit and veggie selections</i> Baby Carrots w/ Dip 3 Peaches 18		Chef Salad 25 Sun Butter & Jelly Sandwich <i>fruit and veggie selections</i> Celery Sticks & Dip 3 Orange Juice Bar 14		Early Dismissal No Lunch Served		Chef Salad 25 Sun Butter & Jelly Sandwich <i>fruit and veggie selections</i> Apple Juice 16 Cheader Mashed 22		Chef Salad 25 Sun Butter & Jelly Sandwich <i>fruit and veggie selections</i> Refried Beans 22 Apple Sauce 26	
13		14		15		16		17	
Turkey Hot Dog on a Bun 25 <i>Alternate Choices</i> Chef Salad 25 Tuna Salad <i>fruit and veggie selections</i> Potato Stars 21 Strawberry Juice Bars 14		Fruit of the Month Cheeseburger on a bun 23 <i>Alternate Choices</i> Chef Salad 25 Tuna Salad <i>fruit and veggie selections</i> Green Beans 3 Peaches in Juice 18 Grapefruit		Baked Chicken Bites 16 <i>Alternate Choices</i> Chef Salad 25 Tuna Salad Sandwich <i>fruit and veggie selections</i> Broccoli Tops w/ Dip 5 Apple 19		Turkey w/ Gravy 4 Dinner Roll 14 <i>Alternate Choices</i> Chef Salad 25 Tuna Salad Sandwich <i>fruit and veggie selections</i> Mashed Potato 22 Apple Sauce 26 Cookie		Schwan Cheese Pizza 32 Reduced Fat <i>Alternate Choices</i> Chef Salad 25 Tuna Salad <i>fruit and veggie selections</i> Sweet Peas 6 Apple Juice 12	
20		21		22		23		24	
Veggie of the Month Tyson Chicken Patty 32 on a bun <i>Alternate Choices</i> Chef Salad 25 Turkey Bologna w/ Cheese <i>fruit and veggie selections</i> Cauliflower w/ Cheese Orange Juice Bar 14		Tostitos Taco Scoops 35 <i>Alternate Choices</i> Chef Salad 25 Turkey Bologna w/ Cheese <i>fruit and veggie selections</i> Refried Beans 22 Apple Sauce 26		Schwan Cheese Pizza 32 Reduced Fat <i>Alternate Choices</i> Chef Salad 25 Turkey Bologna w/ Cheese <i>fruit and veggie selections</i> Carrot Coins 3 Peaches 18		Early Dismissal No Lunch Served		No School	
27		28		29		30		31	
<h1>Fresh and Delicious!</h1> <p>Fruit of the Month Grapefruit</p> <p>Vegetable of the Month Cauliflower</p>									

T Treat Yourself Right™ Lower Fat, Lower Sodium

WG Made with healthy Whole Grains

V Ovo-Lacto Vegetarian, may contain egg & milk

Locally Grown Local ingredients are used when in season

This is a peanut free menu
 **May contain Pork
 Numbers denotes carb counts

Sandwich of the Week
 Sun Butter & Jelly 49
 Turkey & Cheese Sandwich 25
 Tuna Salad Sandwich 33
 Turkey Bologna & Cheese Sandwich 25

Lunch \$1.60
 Reduced .40
 Milk .30
 Free applications available in the office
 Menu Subject to change